



**APHROS BEAUTY**  
PERMANENT MAKE-UP & SPA

**SPA SERVICE  
MENU**



## APHROS BEAUTY EXPERIENCE

Aphros Beauty Permanent Make-Up & Spa offers a unique mind, body experience that transform you inside and out.

Take the time to let us envelop you in natural botanicals and you will feel renewed for a lifetime.

Your journey begins with a Aphros Beauty Relaxation Specialist who is dedicated to creating an incomparable experience with a focus on REJUVENATION, RENEWAL and ENHANCING INNER BEAUTY.

Whether it's the perfect setting for your spa or beauty experience we will adapt our treatments to your personal preferences.



## Our Products- Aphros Beauty

Drawing inspiration from the natural elements of mother nature, our Aphros Beauty product line delight the senses through nourishing vitamins, and fruit extracts. From facial scrubs, Vitamin C serums and moisturizers, our products harness all-natural ingredients indigenous to nature such as Cucumber, Aloe, Vanilla, Coconut, Vitamins C, D, B and E

## Our Product line by Spa Ritual

Vegan, Cruelty-Free, Nature derived, and organic ingredients helps you unwind while exotic ingredients and fragrances calms skin and awakens the senses.

## Our Spa Product Line by Phytomer

PHYTOMER believes in the sea and in the power of its natural ingredients. The sea's boundless generosity, everyone's right to beauty, in the utmost importance of caring for the skin.

Believing in the science of cosmetic formulation, safety and high performance and quality commitment to creating safe, high-quality, eco-friendly skincare products.

## Our Spa Product Line by Minori

Natural Skincare for those who don't wear makeup and therefore a sunscreen that is healthy for your skin and makes it look like you're not wearing any.



## BODY SERVICES

Inspired by the beautiful traditions and majestic elements of nature, our exclusive treatments and natural botanicals will leave you feeling renewed and refreshed.

### Shea Butter Sugar Scrub-50 Mins

Relax and exhale while we polish away your body's impurities. Our exquisite shea butter sugar scrub is infused with anti-aging organic extracts to smooth uneven skin, remove impurities and deliver incredible hydration. Choose your fragrance of coconut mango, lavender, or oatmeal milk & honey.

### Exfoliating Salt Body Scrub-50 Mins

A moisturizing exfoliant, containing sea-derived granules, will gently slough dead cells away. Each scrub is customized with a boosting serum to target relaxation, invigoration, deep cleansing, contouring, or firming. The body is left fully moisturized and silky smooth. Choose from Pomegranate, Spirulina & Lemongrass

### Silky Papaya Scrub-50 Mins

Perfectly silky skin is created with a combination of black sand, pumice stone, digestive papaya enzymes and glycolic acid. The body is massaged with this complexion enhancing blend, a final Oleocrème body milk is applied to the entire body for quenched, smooth skin. (Showerless Method)



## Jasmine Tuberose Body Polish-50 Mins

Enjoy enriching your clients' rituals with our Jasmine Tuberose Body Polish. Formulated with a blend of coconut sugar, ginger root extract, jojoba oil, and sunflower oil to help soothe and moisturize, while the sweet, exotic scent of Jasmine Tuberose awakens the senses.

## Dead Sea Mud Mask Body Wrap-50 Mins

Our dead sea black mud Wrap calms skin after exposure to the elements and strengthens it from within. With vitamin-rich ingredients, your skin will be revived and rejuvenated. Finished with an application of argan oil butter to lock in moisture, this keeps even the most damaged skin feeling soft, smooth and youthful. Effective treatment for psoriasis, eczema, arthritis, muscle pains, and stress. Corrects uneven skin texture on arms, legs, posterior, and torso and soothes, replenishes chronically irritated and dry skin

## Body Firming Wrap-50 Mins (Signature Treatment)

Enjoy this anti-aging body wrap while being cocooned in firming body gel, rich in anti-aging sea minerals. Skin toning extracts are absorbed as you receive a soothing massage to penetrate all of the firming elixir to immediately hydrate, tighten, and stimulate the skin. After repeated use, anti-aging affect will be noticed on skin lacking elasticity due to childbirth, sun damage, or significant weight loss. (Showerless Method)

## Curve Slimming Wrap-50 Mins

The sea slimming wrap is full of powerful fat-fighting ingredients, thanks to remarkable algae that contain special fatty acids, minerals and antioxidants capable of restoring our cells' fat burning abilities, while increasing the circulation and drainage of fluids from the tissues. After a slimming & firming massage performed with a fat burning massage medium, the body is wrapped in a mask made of Algae Jam to help with restoring slenderness and firmness to the silhouette. Enjoy one treatment for a slimming boost or a series of treatments for a sustained result.



## BODY CONTOURING

Non-surgical body sculpting techniques help you get rid of stubborn fat to contour your body without surgery, scarring, or downtime. Targeting love handles, belly, back, and thighs.

### Columbian Wood Therapy-50 Mins

A time-honored practice that harnesses the power of carefully crafted wooden tools. This therapy is renowned for its natural body contouring benefits, stimulating circulation, promoting lymphatic drainage, and reducing cellulite. By precisely applying the wooden tools, we can help shape the body while providing relaxation, alleviating stress, and contributing to healthier skin.

### Sculpt Zone-50 Mins

Phytomer's patented oxido-reduction cellulite mask has a direct action on dimpled skin, the appearance of cellulite and excess weight. First an exclusive self-heating Thermo-Reducing Clay Mask rich in spirulina is applied from the hips to the thighs to encourage fat breakdown and elimination. After a cool rinse, a contouring concentrate and reshaping serum are massaged onto the body, breaking up fat and draining toxins. This sculpting treatment offers exceptional, rapid, visible results: up to 1 size smaller after a 5-treatments.

### Ultrasonic Cavitation-50/80 Mins

At Aphros Beauty, we encourage you to take the next step without surgery to sculpt, tone and contour your stomach, back, legs, and arms using non-invasive method. Ultrasonic Cavitation is a body contouring treatment that is used to remove fat deposits under your skin. This incorporates ultrasound waves that create vibrations and pressure that break the fat cells into liquid glycerol and fatty acids to target and contour specific areas of the body. Followed by a massage to help your lymph nodes get rid of toxins through digestion. Add the 80 mins for additional sculpt benefits with wood therapy.

### Wood Therapy- Add On-10 Mins

Add to any, body contouring treatment as a add on booster.



## SKIN CARE SERVICES

Take a moment to indulge in a bit of face time. Putting your best face forward is top priority. Your skin will never feel as hydrated and healthy as after one of our signature facial services, designed with your needs in mind.

### Classic Refresher Facial-25/50 Mins

Perfect for those on a tight schedule. This facial refresh your skin with the basic essential steps of a healthy skin care routine for the women/men on the go. Our Aphros Beauty Collection of products are used in this treatment.

### Teen Breeze Facial-25/50 Mins

This facial is for teens, both boys and girls going through changes that affect skin appearance, our teen breeze facial deep cleans pores and calms redness and breakouts while reducing the appearance of acne scars.

### Chemical Peel-25 Mins

Experience a true antiaging glycolic peel. Stimulating collagen, glycosaminoglycans and elastin fibers with this peel. Perfect for treating hyperpigmentation, minimizing fine lines and wrinkles, combats texture and giving long lasting dramatic results.





## Dermaplane Facial- 50 Mins

Non-invasive skin care experience that exfoliates the skin and brightens the skin. Combatting those fuzzy facial hair, you can't always see to give new, clean, smooth and radiant skin. Also consider this facial for upcoming events if you plan on applying makeup for a flawless application.

## Deluxe Hydra-Facial-50 Mins

Deluxe Hydra Facial is a hydrating treatment that smooths and plumps fine lines while increasing elasticity. Moisturizing serums help to erase the signs of fatigue and bring balance to skin, soothes redness, smooths texture and firms the skin.

## Platinum Hydra-Facial-80 Mins

Our Platinum HydraFacial is an invigorating treatment that includes all of the essentials of the Deluxe HydraFacial while addressing your specific skin concern with a Booster of your choice. This treatment concludes with LED Light Therapy to further reduce the visible signs of aging.

## The Gentleman's Facial-50 Mins Facial-50 Mins

Experience our facial skin care for men that is formulated to meet the specific needs of men's skin with quick, simple, effective steps that ensure visible results. Combined with ultra-fresh ingredients, texture to cleanse and revive the skin.

## Purifying Blemish Solution Facial-50 Mins

A facial that addresses the major symptoms of acne to help purify and normalize the complexion. First a mild dis-encrusting peel is used to soften the surface of the skin and begin the deep cleansing process. Then a deep pore extraction is performed to remove the impurities responsible for causing inflamed breakout. A special post-extraction serum reduces redness and inflammation and lastly, a cool, creamy mask absorbs impurities, while soothing the skin.

## Soothe Back Facial-50 Mins

Our back facial addresses specific concerns such as congestion, back acne, and dehydrated skin in an often difficult to reach area. Your service begins with a deep pore cleanse followed by a relaxing steam to open the pores, an exfoliation using natural, plant-based enzymes, and extractions. Your esthetician will complete your service by applying a detoxifying mask to withdraw impurities and restore natural hydration to the skin.

## Micro-Dermabrasion Facial-50/80 Mins

This results-driven facial treatment uses a combination of mechanical exfoliation (microdermabrasion) and chemical exfoliation to brighten, smooth and clear the skin. This signature treatment is best for those looking to get the glow back to their skin and is the best maintenance facial for those in their 30's and 40's.

## Fountain of Youth Signature Facial- 80 Mins

Experience Instant results for firm, smooth, plumped skin: face, eyes, lips and décolleté. Experience the art of age defiance with this all-encompassing facial that uses high-tech marine ingredients to smooth wrinkles, plump and firm the skin while restoring skin texture and natural rosy tones. After a smoothing exfoliation and heating detox-oxygenating mask, a Pro-Youth Massage is performed over the eyes, face, lip contour and décolleté with massage tools and a skin regenerating balm. This face lifting massage provides instant results to relax wrinkles and tighten the skin. Finally, a cool, jelly peel-off mask is applied to deliver a final dose of Xtra Marine Filler and to seal in the treatment's youthful benefits. This facial also includes a re-plumping lip treatment.



## Boosters & Enhancement

Add to any facial/ Body Treatment for added benefits.

**Eye Treatment-**This specialized treatment includes a double brush & manual three-phase massage on the eye zone with sea retinol for a wrinkle smoothing effect. A cool, firming plasticizing mask applied to the eyes delivers marine nutrients to brighten the eyes and boost vitamin C in the skin for multi-faceted improvement of the delicate eye tissue.

**Lip Treatment-**Exfoliate, moisturize and diminish the appearance of fine lines and wrinkles around the delicate lip area by adding this ultra-smoothing treatment to any facial. The soothing and moisturizing ingredients soften and smooth delicate tissues and restore plumpness, for a youthful and beautiful effect.

**Luxury Hand/Feet Treatment** - Give your hands some TLC with an ultra-moisturizing, warm paraffin like treatment filled with essential oils & shea butter during any facial/ body treatment.

**Hydra Jelly Mask-** Get this treatment to stimulate collagen, enhancing cell renewal and reducing wrinkles and fine lines. Your skin will thank you for this ultra boost of hydration.

**Decollete Parfait-** A localized application of serums & a plumping mask to fade hyper-pigmentation and smooth creased skin on the lower neck & chest. This delicate zone need not give away your true age! (Add to any facial/ body treatment).

**Dermaplane-** Get rid of fine facial hair commonly known as “peach fuzz” with this booster add-on. Immediate results & smoother texture giving you a clean, glowing, fresh skin appearance.

**Radiance Peel-** This intensive exfoliating peel combines fruit acids and marine Alpha Hydroxy Acid, to reveal younger looking skin and increase the rate of cellular turnover. It is highly recommended for clients wishing to brighten, smooth and soften fine lines and wrinkles, or to even-out the skin’s color, tone and texture.

**LED Light Mask Therapy-**LED blue, green & red-light therapy boosts collagen production, firms the skin, treats mild to moderate acne, killing acne producing bacteria and also, provides the benefit of anti-aging.

# LASH EXTENSIONS

## Lash Bath-5Mins

A lash bath is a foam cleanser deep cleanse for your lashes. It helps to clean off any oils or makeup residue on the natural lash and to ensure that they're free of any debris or dust.

## Lash Removal-30 Mins

Careful removal of current eyelashes from a previous lash extension service.

## Classic Lashes-2Hrs

Classic eyelash extensions are simple, beautiful and natural-looking eyelash extensions. They are applied on a 1:1 ratio, which means one extension is attached to one natural lash. This allows you to achieve a natural enhancement.

## Hybrid Lashes-2 Hours

Hybrid extensions give you the best of both worlds. The look is achieved by mixing classic lashes and volume lashes that are placed strategically to frame the eyes. Hybrid extensions offer a variety of texture and more volume, but without the sometimes-unnatural look of volume lashes.

## Hybrid Lashes-2 Hours

Volume eyelash extensions vary from a natural look which adds some length and volume, to a very dramatic and full look.

**Lash Fill Ins**-These will be booked by your lash tech at your appointment.

These are booked a few weeks after to fill in any sparse areas.



# MASSAGE THERAPY

## Hit the Spot-25 Mins

A unique set of massage techniques that are combined with the application of Swedish and Deep Tissue techniques to hit that spot where you have the most tension, whether it be the back or the shoulders. This will prepare you for a state of restorative sleep and longing for more.

## Assisted Stretching-25/50 Mins

Our massage therapist will help you stretch your muscles and joints to a greater depth than you could on your own

This technique is perfect for those who need-muscle, joint, and nerve function. Tension and muscle soreness & post-workout recovery

## Aromatherapy Massage-50/80 Mins

Enjoy a pure escape designed to reconnect you with your physical and energetic balance, essential Oils harnesses the healing power of aromatherapy. This ritual begins with a sensory journey of your chosen essential oil to open your airways followed by a hypnotic, full body and foot massage.

## Swedish Massage-50/80 Mins

At Aphros Beauty, we encourage you to take the time to reconnect and reflect on a l that brings you joy, relaxation and happiness. Designed to alleviate muscle tension, through slow, gentle, relaxing techniques that uses long, smooth strokes, kneading, and circular movements this therapeutic massage offers much needed relief and comfort.



## Deep Tissue-50/80 Mins

Specifically designed to alleviate muscle tension, we offer much-needed relief and comfort. Our expert therapists use arnica cream to soothe sore muscles, while using arnica tension relief gel targets muscle tightness and fatigue. Allow us to work out any kinks and knots in your body, leaving you feeling renewed and refreshed.

## Hot Stone Massages-50/80 Mins

Harness the healing power of heat for total body well-being. Our hot stone therapy utilizes therapeutic stones and aromatic oils, combined with a customized massage, to alleviate muscle tension and promote deep relaxation and balance. Experience the restorative power of this treatment, leaving you feeling renewed and stress-free.

## Lymph Drainage-45 Mins

This technique stimulates the lymphatic system and redirects fluid to decrease build up within the lymphatic system. Lymphatic Drainage is especially beneficial before or after surgeries, when dealing with chronic headaches, fatigue, or sinus infections and other illnesses. It can reduce discomfort and swelling in the lymphedema.

## Hot Stone/ Pressure Points/Target Area-ADD ON

Add hot stones or pressure points when you need an extra area to target just that problem spot.







## Aphros Beauty Packages...Journey with us

With our Caribbean-inspired packages, we encourage you to connect to peace, tranquility and the true feeling of the Aphros Beauty experience.

### De-Stress Me to Paradise- 120 Mins

Exfoliating Salt Scrub  
Classic Refresher Facial  
Luxury Hand or Foot Treatment

### Brow Heaven-100 Mins

Henna Brows  
Lash Tint  
Luxury Hand Treatment

### Refresh & Renew-100 Mins

Classic Refresher Facial  
Swedish Massage-50

### Man Up-130 Mins

The Gentleman's Facial  
Deep Tissue Massage  
LED Light Therapy

### Wrap Me Up-80 Mins

Any Body Scrub of choice  
Dead Sea Mud Wrap

### Facial Refreshment

Classic Refresher Facial  
Chemical Peel  
LED Light Mask Therapy

### Woman's World

Half Leg Wax  
Bikini OR Underarm Wax  
Refresher Facial 25 Min

### Endless Harmony-3 Hours

Hot Stone Massage-80 Mins  
Deluxe Hydra Facial-50 Mins  
Scalp Massage  
Fresh Fruits & Champagne

### Group- Spa Parties

Contact Spa directly

## Waxing Services

Using a gentle wax, for the effective removal of unwanted hair. It is strongly recommended that you avoid the sun for at least 8 hours prior to having these services.

Full Leg

Men's Chest

Full Face

Upper Lip

Half Leg

Bikini

Chin

Full Arm

Back

Brazilian

Brows

Half Arm



## PMU and Brow Services

Blending Beauty and Confidence is the key to our PMU services. Save time, money and energy with cosmetic brow tattoos that look so natural.

**Microblading**-is a painless tattooing technique in which a small handheld tool and a blade is used to add pigment to the skin in a stroke-like manner. It's waterproof and smudge-proof. Best for those who want to fill in sparse areas. Note this may need to be done more often based on skin type and its process. Not suitable for oily skin.

**Sash Signature Ombre Brows**-Semi-permanent tattoo technique used to create the illusion of fuller, natural-looking brows. But, unlike micro blading, micro shading gives the appearance of a soft clean powdered makeup look starting very light at beginning of brow and more shaded from middle to end. This technique provides lasting results and is pain-free and smudge-free.

**Sash Signature Powder Brows**-Semi-permanent tattoo technique used to create the illusion of fuller, natural-looking brows. But, unlike micro blading, micro shading gives the appearance of a soft clean powdered makeup look. This is usually the same color throughout. This technique provides lasting results and is pain-free and smudge-free and works best on clients with sparse or thin brows throughout.

**Sash Signature Combination Brows**- This includes both Microblading to give the beginning of the brow natural hair strokes and Microshading to give the appearance of a soft makeup look. New Clients only with no previous PMU done. If have previous work, please call for more information.

**Lip Blushing**- is a semi-permanent makeup technique that creates a soft lipstick/lip gloss look. Lip blushing is done with a tattoo machine, with the use of lip pigments and the effects lasts 1-3 years. Some of the benefits includes lips that look more defined without fillers, restores color to pale lips and may eliminate the daily use of pencils to outline, fill in or reshape lip borders.

## Non PMU Services

We offer other temporary services for those who desire other options than PMU. These usually last 1-3 weeks depending on aftercare and day to day care.

Brow Tint

Brow Lamination

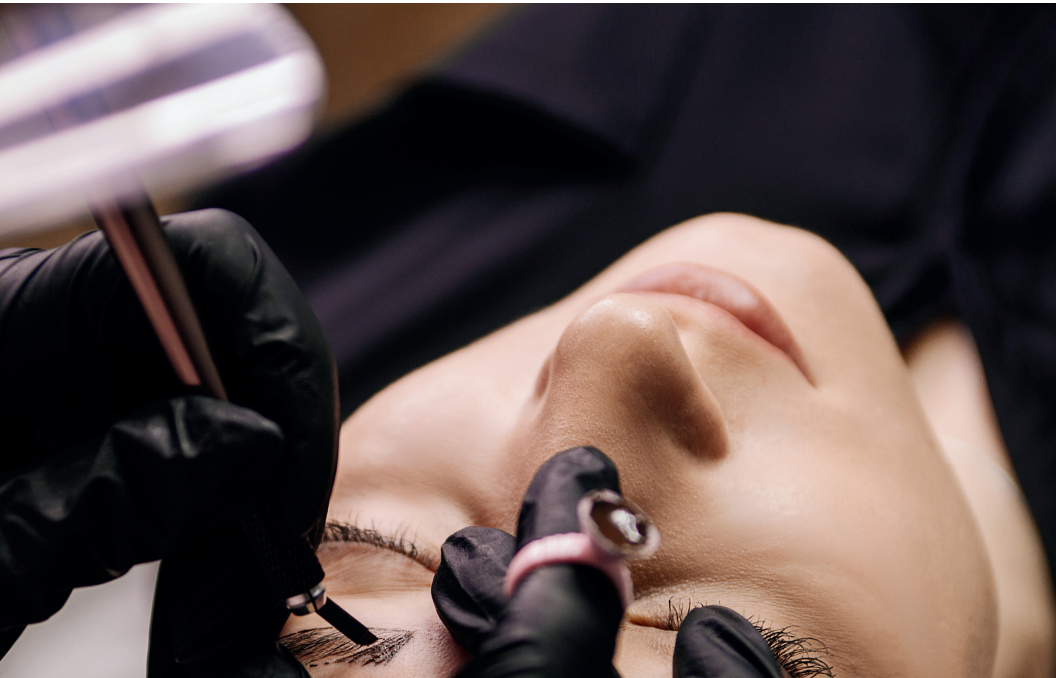
Henna Brows

Brow Shape Up

Red Light Therapy

Lash Lift

Air Brush Tint



## PMU and Brow Services

Deposit required to book PMU services

**6-8 Weeks Touch Up (Step 2)**-All permanent makeup procedures require a 6-week touch-up to complete the final look. This helps the PMU artist to see how it has healed and where to add additional pigment if needed and clean any areas that need to be re-shaped so it will last for a year and beyond. This will be booked by the artist at the initial appointment.

**Color Refresh- After 3 months- 24 Months** Annual touch-ups are usually required between 8-15 months based on your aftercare regimen. Depending on your after-care process, you may notice your brows last even up to 18 months although areas would have gradually faded. There are variety of options (3-7 months, 8-14 months, 15-24 months). This service must be previously done by Aphros Beauty. Book a consultation if done by another artist and send photos.

**Brow/Color Corrector**- If touchup or correction service is performed by another artist. This includes color correction and shape correction. A consultation at least 72 hours prior is required to see if a correction is needed. The client must submit photos of the eyebrows prior to treatment. Please email those to [sash@aphrosbeauty.com](mailto:sash@aphrosbeauty.com) or text them to 205-377-6511



## PMU & Para-Medical Services

Blending Beauty and Confidence is the key to our PMU services. We help our clients using cosmetic services when they feel there is no hope to look and feeling like themselves again after life changing events.

**3D Realistic Nipple & Areola** -is a painless tattooing technique in cosmetic procedure to help recreate an individual's nipple after undergoing a unilateral mastectomy and creating a highly realistic-looking nipple. These will appear 3D but will be flat to the touch. A consultation is required.

**Areola Consultation**- A consultation for discussion, color, insurance check, on 3D Areola. Must have consent release from doctor. Must be 6 months or more healed. Consult goes towards appointment once booked. Deposit required for all PMU.



# HOW TO SPA

Please arrive a minimum of 15 minutes before your scheduled appointment so that you may relax and fully prepare for your spa journey. Whether you prefer to go bare, wear a swimsuit or undergarments during your treatment, the choice is yours – we want you to be completely comfortable. We can also provide disposable undergarments if you prefer. We provide lockers with Robe or Facial Wrap/ Sandals for changing and storing small personal items such as keys and phones.

If you are running late for your appointment, we unfortunately cannot give extensions on service times due to a late arrival. We will give you the total time remaining for the time slot that you are booked for. If you can't make an appointment, need to re-schedule or cancel, we require at least 48 hours advance notice. Regrettably, you will be charged for 100% of the service or package price if the required notice of cancellation is not given and you NO-SHOW for an appointment. Late cancel under 48 hours will be charged a 50% late cancel fee.

We do provide nuts, fruit flavored water and hot teas in our relaxation room for Spa clients. Please note any allergies and or sensitivities to essential oils/fragrances during your visit.

Pricing is inclusive of government tax and sales tax for services (where applicable). Prices may be subject to change. Prices are in U.S. dollars.

A 3% card convenience fee is charged for all online or in-spa card transactions. Other options are given in Spa to avoid fee if needed.

Tips/Gratuities are not included in the service price. Our team are most appreciative of tips given for services provided. This may be given directly or upon check out.

In accordance with International Spa Industry Standards, certain medical conditions may prohibit the use of some facilities, and your ability to experience some of our services.







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